

GENERAL POOL RULES

- Lifeguards will be present the last day of school. Before that date, it's "Swim At Your Own Risk" and anyone under the age of 16 must be accompanied by an adult parent or babysitter minimum age of 18. Even when guards are present, children under 12 must be accompanied and supervised by an adult.
- Children 12 & over not accompanied by an adult must, to the pool chair and/or lifeguard's satisfaction, be able to swim one length of the pool without touching the bottom.
- Solo swimming is not allowed.
- All members are required to wear their individually assigned wristband at ALL times within the pool gate. The band must be easily visible and on the member's person – it may not be affixed to a bag, cooler, or other item.
- Members must gain access with their own card and never open the door for others to enter.
- Per the Health Department, only commercial bathing suits are permitted to be worn in the pool. No cut-offs or gym shorts are allowed.
- Glass containers of any kind are not permitted in the fenced pool area including in coolers.
- Per Health Department regulations, food/beverages are prohibited from being in the pool.
- Beverages are allowed to be placed on the edge of the pool as long as it is on the concrete area and not on the red brick.
- No running is allowed anywhere on the pool deck.
- Adult Swim will be called by lifeguards every quarter (15 minutes) before the hour. All swimmers under the age of 18 must exit the water completely with the exception of infants under 12 months of age or being held by a parent.
- Spitting and nose-blowing are not permitted in the pool, and persons with communicable diseases or skin/eye/nasal infections should not enter the pool.
- All children that are not potty trained must wear a swim diaper with a rubber or vinyl cover over the diaper/under the swimsuit.
- Chairs may only be reserved for people who are present.
- The only animals allowed in the fenced area are certified service animals.
- Maximum number of swimmers allowed in the pool is 250.
- A first-aid kit and AED are located in the guard room.
- Trash receptacles are provided for convenience/use, so please clean your table and surrounding area upon departure.
- Absolutely no drugs of any type are permitted on ROSRC premises. No smoking or vaping is allowed within the fenced area or stairs and wheelchair ramps outside the gate (only at grill area outside the fence).
- Writing on or defacement of ROSRC property is not allowed.
- Per county regulations, swimmers should shower before entering the pool.
- In the event of severe weather, the lifeguards/board can close the pool.

- A maximum of five (5) guests are allowed per visit unless you have rented the pavilion for a party and hired additional lifeguards.
- Guests must always be accompanied by the inviting ROSRC member who will be charged a guest fee per person.
- Guests **MUST** be wearing a guest wristband the entire time they are present, and bands are only valid for one day. Bands can be pre-purchased or during adult-swim from lifeguards.
- Guests living in the metro Atlanta area are allowed to be your guest a maximum of three times per season.
- Special rates are available for per guest staying in a ROSRC member's house for an extended period of time and arrangements must be made by contacting the Pool Chairman.
- Guest(s)/non-member(s) entering the pool are welcome to use the facilities. A member abusing the "Guest Privilege" will be subject to review by the Board of Directors.

DIVING BOARD/DEEP END

- Diving is prohibited in less than 5 feet of water.
- Diving board can only be used when lifeguards are present.
- Any horseplay or unsafe behavior of any kind will not be permitted.
- Only one swimmer at a time is allowed on the diving board, and only one bounce is allowed. Swimmer must walk (not run) to the end of the board.
- Diver must not go until the previous driver has reached the ladder.
- Diver must exit the pool from the ladder on the same side of the board and never from the wall that the boards are mounted on.
- Sitting or hanging out on diving board is prohibited.
- Diving board takes priority of the deep end when in use. NO ONE is allowed in the deep end while the board is in use including parent of diver. If a group of members request to close the deep end for general swimming, a guard can close diving boards for general swim but ONLY for last 15 minutes of guard duty at the bottom of the hour (from XX:30 to XX:45)
- Only people who can swim capably are allowed in the deep end or off diving.
- Flotation devices (rafts, noodles, floaties) are not permitted in the deep end or off diving board.

RAFTS, TOYS, GAMES

- Lifeguards must have a clear view of all swimmers to ensure proper monitoring and safety, so only small inflatable rafts may be used but are subject to approval by the lifeguards based on capacity of the pool.
- Hard balls (tennis balls, racquet balls) are not allowed, and all other balls must be kept within the pool.
- Sitting or standing on the shoulders of another swimmer is prohibited.
- Games or activities that the lifeguard deems dangerous, unsafe or inhibits others from swimming will not be permitted.

- Baby pool is strictly for children up to 5 years old, and swimmers over the age of 5 are not permitted in the baby pool.
- Lifeguards do not monitor the baby pool.
- Parents must watch their children in the baby pool at all times.
- All children that are not potty trained must wear a swim diaper with a rubber or vinyl cover over the diaper/under the swimsuit.
- No chairs, rafts or large toys are permitted.

SWIM INSTRUCTION POLICY

- ***Lessons can only take place Monday-Friday when pool is open to all membership – not during adult swim, weekends or during swim team functions.***
- ***Swim instruction performed by a member for a member (or family member) is permitted***
- ***Swim instruction performed by a non-member for a member (or family member) is permitted***
 - Non-member Instructors gain access to the facility only by parent/member as their guest with a guest wristband & must exit facility when completed
 - Parent/member MUST remain present and observing during lesson (no drop offs)
- ***Swim instruction performed by a member for a non-member is only allowed with the following specifications:***
 - Running a business for monetary compensation out of the facility is not permitted
 - Member wishing to give swim lessons to non-members must make a written request to the pool chairman including name(s), time(s), date(s) of instruction
 - Member must provide certificate of general liability insurance as club insurance does not cover this situation
 - If documentation is provided and permission granted, non-member receiving instruction (and any observers) must wear guest bands paid for/provided by member